

Walpole Sport and Recreation Centre

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WHATS ON IN SEPTEMBER 2011

			THURSDAY 1st	Friday 2nd
			Tai Bo 2.00-3.00pm Karate 3.15-4.45pm Adult Karate 5.00pm	
MONDAY 5th	TUESDAY 6th	WEDNESDAY 7th	THURSDAY 8th	FRIDAY 9th
Junior Gym 3.15pm Zumba 5.00-5.45pm Indoor Soccer 6.00pm	BodyWorx 9.00-9.50am Autumn Club 1.00-3.15pm Ladies Tennis 2.00-3.00pm	Senior Activity and Social Club 10.00am- 3.00pm Zumba 6.00-7.00pm	Tai Bo 2.00-3.00pm Karate 3.15- 4.45pm Adult Karate 5.00pm	
MONDAY 12th	TUESDAY 13th	WEDNESDAY 14th	THURSDAY 15th	FRIDAY 16th
Junior Gym 3.15pm Zumba 5.00-5.45pm Indoor Soccer 6.00pm	BodyWorx 9.00-9.50am Autumn Club 1.00-3.15pm Ladies Tennis 2.00-3.00pm Junior Basketball 3.20pm + 4.20pm Senior Basketball 5.20pm,6.20pm,7.10pm	Senior Activity and Social Club 10.00am- 3.00pm Zumba 6.00-7.00pm	Tai Bo 2.00-3.00pm Karate 3.15-4.30pm Adult Karate 5.00pm	
MONDAY 19th	TUESDAY 20th	WEDNESDAY 21st	THURSDAY 22nd	FRIDAY 23rd
Junior Gym 3.15pm Zumba 5.00-5.45pm	BodyWorx 9.00-9.50am Autumn Club 1.00-3.15pm Ladies Tennis 2.00-3.00pm Junior Basketball 3.20pm + 4.20pm Senior Basketball 5.20pm,6.20pm,7.20pm	Senior Activity and Social Club 10.00am- 3.00pm Zumba 6.00-7.00pm	Tai Bo 2.00pm-3.00pm Karate 3.15-4.15pm Adult Karate 5.00pm	Rollerblading 3.15-4.30pm
MONDAY 26th	TUESDAY 27th	WEDNESDAY 28th	THURSDAY 29th	FRIDAY 30th
Zumba 5.00-5.45pm	BodyWorx 9.00-9.50am Autumn Club 1.00-3.15pm Ladies Tennis 2.00-3.00pm Junior Basketball 3.20pm +4.20pm Senior Basketball 5.20pm,6.20pm,7.20pm	Senior Activity and Social Club 10.00am- 3.00pm Zumba 6.00-7.00pm	Tai Bo 2.00pm-3.00pm Karate 3.15-4.15pm Adult Karate 5.00pm	