

# Walpole Sport and Recreation Centre

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## WHATS ON IN MAY 2010

MONDAY 3rd	TUESDAY 4th	WEDNESDAY 5th	THURSDAY 6th	FRIDAY 7th
<b>Ladies Tennis</b> 2.00-3.00pm <b>Junior Gym</b> 3.15-5.00pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Autumn Club</b> 1.00-3.15pm <b>Over 50's Ladies Tennis</b> 2.00-3.00pm <b>Yoga By DVD</b> 6.00-7.00pm	<b>Senior Activity and Social Club</b> 10.00am- 3.00pm <b>After School Activities</b> 3.15- 4.15pm	<b>Yoga By DVD</b> 9.00-10.00am <b>Tai Bo</b> 2.00pm-3.00pm <b>Karate</b> 3.15-4.15pm <b>Table Tennis</b> 7.00 – 8.00pm	<b>Junior Mixed Netball</b> 3.15-4.15pm
MONDAY 10th	TUESDAY 11th	WEDNESDAY 12th	THURSDAY 13th	FRIDAY 14th
<b>Ladies Tennis</b> 2.00-3.00pm <b>Junior Gym</b> 3.15-5.00pm  <b>Senior Mixed Netball</b> 6.30-8.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Autumn Club</b> 1.00-3.15pm <b>Over 50's Ladies Tennis</b> 2.00-3.00pm <b>Yoga By DVD</b> 6.00-7.00pm	<b>Senior Activity and Social Club</b> 10.00am- 3.00pm <b>After School Activities</b> 3.15- 4.15pm	<b>Yoga By DVD</b> 9.00-10.00am <b>Tai Bo</b> 2.00pm-3.00pm <b>Karate</b> 3.15-4.15pm <b>Table Tennis</b> 7.00 – 8.00pm	<b>Junior Mixed Netball</b> 3.15-4.15pm
MONDAY 17th	TUESDAY 18th	WEDNESDAY 19th	THURSDAY 20th	FRIDAY 21st
<b>Ladies Tennis</b> 2.00-3.00pm <b>Junior Gym</b> 3.15-5.00pm  <b>Senior Mixed Netball</b> 6.30-8.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Autumn Club</b> 1.00-3.15pm <b>Over 50's Ladies Tennis</b> 2.00-3.00pm <b>Yoga By DVD</b> 6.00-7.00pm	<b>Senior Activity and Social Club</b> 10.00am- 3.00pm <b>After School Activities</b> 3.15- 4.15pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Yoga By DVD</b> 9.00-10.00am <b>Tai Bo</b> 2.00pm-3.00pm <b>Karate</b> 3.15-4.15pm <b>Table Tennis</b> 7.00 – 8.00pm	<b>Junior Mixed Netball</b> 3.15-4.15pm
MONDAY 23rd	TUESDAY 25th	WEDNESDAY 26th	THURSDAY 27th	FRIDAY 28th
<b>Ladies Tennis</b> 2.00-3.00pm <b>Junior Gym</b> 3.15-5.00pm  <b>Senior Mixed Netball</b> 6.30-8.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Autumn Club</b> 1.00-3.15pm <b>Over 50's Ladies Tennis</b> 2.00-3.00pm <b>Yoga By DVD</b> 6.00-7.00pm	<b>Senior Activity and Social Club</b> 10.00am- 3.00pm <b>After School Activities</b> 3.15- 4.15pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Yoga By DVD</b> 9.00-10.00am <b>Tai Bo</b> 2.00pm-3.00pm <b>Karate</b> 3.15-4.15pm <b>Table Tennis</b> 7.00 – 8.00pm	<b>Junior Mixed Netball</b> 3.15-4.15pm
MONDAY 31st				
<b>Ladies Tennis</b> 2.00-3.00pm <b>Junior Gym</b> 3.15-5.00pm  <b>Senior Mixed Netball</b> 6.30-8.30pm				