

# Walpole Sport and Recreation Centre

Enquiries ph 08 98 401 345

[walpolesportrec@optusnet.com.au](mailto:walpolesportrec@optusnet.com.au)



## WHAT'S ON IN MARCH 2010

MONDAY 1st	TUESDAY 2nd	WEDNESDAY 3rd	THURSDAY 4th	FRIDAY 5th
	<b>Over 50s Fitness</b> 7.30-8.30am <b>Autumn Club</b> 1.00-3.15pm <b>Over 50's Ladies Tennis</b> 2.00-3.00pm	<b>Senior Activity and Social Club</b> 10.00am- 3.00pm <b>After School Activities</b> 3.15- 4.15pm <b>Women's Fitness Circuit</b> 6.30pm-7.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Ladies Self Defense</b> 2.00pm-3.00pm <b>Karate</b> 3.15-4.15pm <b>Table Tennis</b> 7.00 – 8.00pm	
MONDAY 6th	TUESDAY 7th	WEDNESDAY 8th	THURSDAY 9th	FRIDAY 10th
<b>Ladies Tennis</b> 2.00-3.00pm <b>Junior Gym</b> 3.30-5.30pm <b>Mixed Basketball</b> 6.30-8.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Autumn Club</b> 1.00-3.15pm <b>Over 50's Ladies Tennis</b> 2.00-3.00pm	<b>Senior Activity and Social Club</b> 10.00am- 3.00pm <b>After School Activities</b> 3.15- 4.15pm <b>Women's Fitness Circuit</b> 6.30pm-7.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Ladies Self Defense</b> 2.00pm-3.00pm <b>Karate</b> 3.15-4.15pm <b>Table Tennis</b> 7.00 – 8.00pm	<b>Rollerblading</b> 3.30-4.30pm
MONDAY 15th	TUESDAY 16th	WEDNESDAY 17th	THURSDAY 18th	FRIDAY 19th
<b>Ladies Tennis</b> 2.00-3.00pm <b>Junior Gym</b> 3.30-5.30pm <b>Mixed Basketball</b> 6.30-8.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Autumn Club</b> 1.00-3.15pm <b>Over 50's Ladies Tennis</b> 2.00-3.00pm	<b>Senior Activity and Social Club</b> 10.00am- 3.00pm <b>After School Activities</b> 3.15- 4.15pm <b>Women's Fitness Circuit</b> 6.30pm-7.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Ladies Self Defense</b> 2.00pm-3.00pm <b>Karate</b> 3.15-4.15pm <b>Table Tennis</b> 7.00 – 8.00pm	
MONDAY 22nd	TUESDAY 23rd	WEDNESDAY 24th	THURSDAY 25th	FRIDAY 26th
<b>Ladies Tennis</b> 2.00-3.00pm <b>Junior Gym</b> 3.30-5.30pm <b>Mixed Basketball</b> 6.30-8.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Autumn Club</b> 1.00-3.15pm <b>Over 50's Ladies Tennis</b> 2.00-3.00pm	<b>Senior Activity and Social Club</b> 10.00am- 3.00pm <b>After School Activities</b> 3.15- 4.15pm <b>Women's Fitness Circuit</b> 6.30pm-7.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Ladies Self Defense</b> 2.00pm-3.00pm <b>Karate</b> 3.15-4.15pm <b>Table Tennis</b> 7.00 – 8.00pm	<b>Rollerblading</b> 3.30-4.30pm
MONDAY 29th	TUESDAY 30th	WEDNESDAY 31st		
<b>Ladies Tennis</b> 2.00-3.00pm <b>Junior Gym</b> 3.30-5.30pm <b>Mixed Basketball</b> 6.30-8.30pm	<b>Over 50s Fitness</b> 7.30-8.30am <b>Autumn Club</b> 1.00-3.15pm <b>Over 50's Ladies Tennis</b> 2.00-3.00pm	<b>Senior Activity and Social Club</b> 10.00am- 3.00pm <b>After School Activities</b> 3.15- 4.15pm <b>Women's Fitness Circuit</b> 6.30pm-7.30pm		