

Walpole Sport and Recreation Centre

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WHAT'S ON IN JULY 2011

| | | | | FRIDAY 1st |
|------------------------|--|--|---|-------------|
| MONDAY 4th | TUESDAY 5th | WEDNESDAY 6th | THURSDAY 7th | FRIDAY 8th |
| Zumba 5.00pm | Body Worx 9.00am Autumn Club 1.00-3.15pm Ladies Tennis 2.00-3.00pm | Senior Activity and Social Club 10.00am- 3.00pm Zumba 6.00pm | Tai Bo 2.00pm Karate 3.15pm-4.45pm | |
| MONDAY 11th | TUESDAY 12th | WEDNESDAY 13th | THURSDAY 14th | FRIDAY 15th |
| | Indoor Soccer Holiday activity 10.00-11.00am Autumn Club 1.00-3.15pm | Senior Activity and Social Club 10.00am- 3.00pm Kids Zumba Holiday Activity With Claudia 3.30PM – 4.30PM | Rollerblading Holiday activity 10.00-11.30am Kids Keep Fit 1.00-2.00pm | |
| MONDAY 18th | TUESDAY 19th | WEDNESDAY 20th | THURSDAY 21st | FRIDAY 22nd |
| | Autumn Club 1.00-3.15pm Ladies Tennis 2.00-3.00pm | Senior Activity and Social Club 10.00am- 3.00pm | | |
| MONDAY 25th | TUESDAY 26th | WEDNESDAY 27th | THURSDAY 28th | FRIDAY 29th |
| | Body Worx 9.00am Autumn Club 1.00-3.15pm Ladies Tennis 2.00-3.00pm | Senior Activity and Social Club 10.00am- 3.00pm Zumba 6.00pm | | |