

Walpole Sport and Recreation Centre

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WHATS ON IN APRIL 2010

			THURSDAY 1st	FRIDAY 2nd
			Over 50s Fitness 7.30-8.30am Stretch Karate 3.15-4.15pm Table Tennis 7.00 – 8.00pm	
MONDAY 5th	TUESDAY 6th	WEDNESDAY 7th	THURSDAY 8th	FRIDAY 9th
Mixed Basketball Bye	Rollerblading 9.30-11.00am Autumn Club 1.00-3.15pm Over 50's Ladies Tennis 2.00-3.00pm	Senior Activity and Social Club 10.00am- 3.00pm	Over 50s Fitness 7.30-8.30am Going Wild 9.30-11.30am Tennis for Kids 1.30-3.00pm Table Tennis 7.00 – 8.00pm	
MONDAY 12th	TUESDAY 13th	WEDNESDAY 14th	THURSDAY 15th	FRIDAY 16th
Dance Coaching 10.00-12.00pm Mixed Basketball 6.30-8.30pm	Rollerblading 9.30-11.30am Autumn Club 1.00-3.15pm Over 50's Ladies Tennis 2.00-3.00pm	Senior Activity and Social Club 10.00am- 3.00pm	Over 50s Fitness 7.30-8.30am Kids Cooking 9.30-11.30am Table Tennis 7.00 – 8.00pm	
MONDAY 19th	TUESDAY 20th	WEDNESDAY 21st	THURSDAY 22nd	FRIDAY 23rd
Mixed Basketball 6.30-8.30pm	Autumn Club 1.00-3.15pm Over 50's Ladies Tennis 2.00-3.00pm Yoga by DVD 6.00-.007pm	Senior Activity and Social Club 10.00am- 3.00pm	Over 50s Fitness 7.30-8.30am Yoga by DVD 9.00-10.00am	
MONDAY 26th	TUESDAY 27th	WEDNESDAY 28th	THURSDAY 29th	FRIDAY 30th
ANZAC DAY Mixed Basketball 6.30-8.30pm	Autumn Club 1.00-3.15pm Over 50's Ladies Tennis 2.00-3.00pm Yoga by DVD 6.00-7.00pm	Senior Activity and Social Club 10.00am- 3.00pm After School Activities 3.15- 4.15pm	Over 50s Fitness 7.30-8.30am Yoga by DVD 9.00-10.00am Table Tennis 7.00 – 8.00pm	Rollerblading 3.30-4.30pm